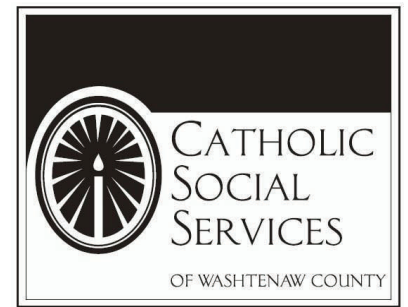


2012 Senior Resource Directory for Washtenaw County

Call Catholic Social Services (CSS) 734-712-3625 or www.csswashtenaw.org



1. ADULT DAY SERVICES

CSS The Oaks.....	662-4001
Generations Together	426-4091
Memory Support Center at Brecon Village.....	295-9811
Silver Club (UM Turner Resource Center)	998-9352

2. CARE MANAGEMENT/CARE COORDINATION

Area Agency on Aging 1-B.....	1-800-852-7795
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3. CHORE & MAINTENANCE

OCED Home Weatherization Program	662-9036
MI Department of Human Services (Adult Services)	481-2000
CSS Neighborhood Senior Services.....	712-7775

4. COUNSELING/MENTAL HEALTH SERVICES

CSS Behavioral Health Services	971-9781
Chelsea Behavioral Health Services... 1-800-328-6261 or 475-4029	
Community Support & Treatment Services (County).....	544-3050
Jewish Family Services	769-0209
Psychiatric Emergency Services 24 hour Crisis Center ...	996-4747
Samaritan Counseling Services.....	667-0609
UM Turner Geriatric Clinic Social Work.....	764-2556

5. EDUCATION

AARP (Michigan Office)	1-866-227-7448
Elderquest at EMU.....	487-0227
ElderWise of Southeast Michigan	929-9097
Osher Lifelong Learning Institute at UM.....	998-9351
WCC Lifelong Education Program	677-5027
Washtenaw Literacy	879-1320

6. ELDER ABUSE/DOMESTIC VIOLENCE

Adult Protective Service (Elder Abuse)	481-9110
CSS Neighborhood Senior Services.....	712-7775
Safe House Ctr. (Domestic Violence/Sexual Assault)	995-5444

7. EMERGENCY SERVICES (Food, Shelter, Utilities, Crisis)

CSS Emergency Food Program.....	662-4462
Aid In Milan	439-8420
American Red Cross.....	971-5300
Community Resource Center (Manchester)	428-7722
OCED Washtenaw County Emergency Services.....	544-6850
Faith In Action, Inc.(Dexter & Chelsea School Districts). 475-3305	
Food, low cost: Angel Food Ministries.....	1-877-366-3646
Friends in Deed.....	484-4357
House by the Side of the Road	971-2550
MI Department of Human Services.....	481-2000
Northfield Human Services	449-0110
Psychiatric Emergency Services 24 hr. Crisis Center	996-4747
Saline Area Social Services.....	429-4570
Salvation Army: Ann Arbor.....668-8353; Ypsilanti.....482-4700	
Shelter Association of Washtenaw County	662-2829
S.O.S. Community Crisis Center (food).....	484-9945

8. FORECLOSURE INTERVENTION

Housing Bureau for Seniors.....	998-9341
MSU Extension Housing Counselors(troubled mortgages)222-9595	
Washtenaw County Treasurer (tax foreclosure).....	222-6579

9. GRANDPARENT HELP & INFORMATION

CSS Grandparents As Parents	712-3625
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10. HEARING & SPEECH IMPAIRMENT

Deaf & Hearing Impaired Services.....	1-248-473-1888
EMU College of Education Clinical Suite	487-4410
Turner Senior Resource Center.....	998-9353

11. HOME HEALTH CARE

ChelseaCare Home Health.	475-4190
Evangelical Homes of Michigan (Shared Services).....	222-4037
Glacier Hills Home Care	769-5758
Michigan Visiting Nurses.....	1-800-842-5504 or 677-1515
St. Joseph Mercy Home Care	327-3200
(Also see listings in Yellow Pages under "Nurses" or "Home Health")	

12. HOSPICE

Arbor Hospice.....	1-888-992-2273 or 662-5999
Hospice of Michigan.....	1-888-247-5401
St. Joseph Mercy Hospice.....	1-888-884-6569

13. HOUSING INFORMATION

Ann Arbor Housing Commission	994-2828
Housing Access for Washtenaw County.....	961-1999
Housing Bureau for Seniors.....	998-9339
Ypsilanti Housing Commission	482-4300

Independent, Assisted Living & Alzheimer's Residences

American House.....	677-0071
Brecon Village	429-1155
Brookdale Place.....	327-1350
Brookhaven Manor	747-8800
Clare Bridge of Ann Arbor	213-1708
Chelsea Retirement Communities.....	475-8633
Evangelical Home (Saline)	429-9401
Fairfax Manor	483-6662
Gilbert Residence.....	482-9498
Glacier Hills	769-6410
Hillside Terrace Retirement Community.....	761-4451
Huron Woods	712-5600
Silver Maples of Chelsea	475-4111
Sunrise Senior Living.....	741-9500
Superior Woods Healthcare Center.....	547-7600
The Pines Senior Apartments.....	433-9130
The Sanctuary at The Village, St. Joseph Mercy.....	712-1600
University Living	669-3030

Apartments - Subsidized or Affordable

Baker Commons.....	794-6720	Carpenter Place	973-8377
Chidester Place.....	487-9400	Clark East Tower	482-5511
Courthouse Sq.....	995-5511	Cranbrook Tower	668-8914
Cross St Village	483-8300	Lexington Club	572-9000
Lurie Terrace.....	665-0695	Milan Village Apts.....	439-8179
Mill Pond Manor....	429-3838	Miller Manor.....	794-6720
Parkway Mdws.....	662-5055	Sequoia Place	669-8840
Towne Centre.....	482-5500	Walls Manor.....	484-3820

14. INFORMATION, REFERRAL & RESOURCE ADVOCACY

211 (Washtenaw United Way).....	211 or 1-800-552-1183
Area Agency on Aging 1-B	1-800-852-7795
CSS Older Adult Services.....	712-3625
Center for Independent Living.....	971-0277
Eldercare.....	1-800-677-1116
Jewish Family Services.....	769-0209
CSS Neighborhood Senior Services	712-7775
Senior Health Connection (Western Washtenaw Co.).....	475-4023
UM Turner Senior Resource Center.....	998-9353

15. LEGAL SERVICES

Legal Hotline for Mich. Seniors (phone advice).....	1-800-347-5297
Legal Resource Center	994-0160
Legal Services of South Central Michigan	665-6181
Washtenaw Bar Association Lawyer Referral (\$30 fee) ...	996-3229

16. MEALS

Senior Nutrition Program (OCED)	1-800-838-5832 or 544-3046
Group Meal Sites.....	see "Senior Centers" list

Home-Delivered Meals

Aid In Milan.....	439-8420
Ann Arbor Meals on Wheels	998-6686
Chelsea/Manchester	475-0160
Dexter.....	426-5397
Saline.....	429-9274
Whitmore Lake	449-8480
Ypsilanti Meals on Wheels	487-9669

17. MEDICAL SERVICES

Dental

Community Dental Center	998-9640
Hope Dental Clinic	480-9575
University of Michigan School of Dentistry.....	763-6933

Geriatric Health Assessment

St. Joseph Mercy Senior Health Services	712-5189
UM Turner Geriatric Clinic.....	764-6831
Washtenaw Geriatrics.....	528-5700

(Medical Services continued on next page)

All phone numbers are in the 734 area code unless noted.

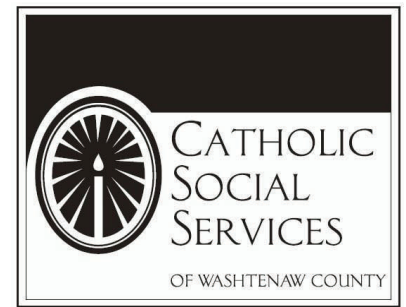


The Blueprint for Aging supports programs that ensure accessible, affordable services for older adults in Washtenaw County
734-712-2718
www.BlueprintForAging.org



2012 Senior Resource Directory for Washtenaw County

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17. MEDICAL SERVICES (continued)

Health Services

Chelsea Community Hospital.....	475-1311
Chelsea Health Center.....	475-1321
Hope Medical Clinic.....	481-0111
“Lifeline” (Medical alert system).....	1-800-380-3111
Medical Loan Closet (Emmanuel Lutheran Church).....	482-7121
Neighborhood Health Family Center (St. Joseph Mercy).....	544-6900
New Hope Outreach Clinic (U of M Health).....	998-6085
Packard Health.....	971-1073
St. Joseph Mercy Saline Community Hospital.....	429-1500
St. Joseph Mercy Senior Health Services.....	712-5189
UM Turner Geriatric Clinic.....	764-6831
Veteran Affairs AA Healthcare System (V.A.).....	769-7100
Washtenaw County Health Department.....	544-6700

Prescription Assistance

CSS Medicare/Medicaid Assistance Program.....	1-800-803-7174 or 712-3625
Washtenaw County Prescription Plan.....	544-6886
CSS Neighborhood Senior Services.....	712-7775

18. MEDICAID HELP & INFORMATION

CSS Medicare/Medicaid Assistance Program.....	1-800-803-7174 or 712-3625
MI Department of Human Services.....	481-2000
Medicaid Beneficiary Helpline.....	1-800-642-3195

19. MEDICARE HELP & INFORMATION

CSS Medicare/Medicaid Assistance Program.....	1-800-803-7174 or 712-3625
Medicare.....	1-800-633-4227
Michigan Peer Review Organization (MPRO).....	1-800-365-5899

20. NURSING HOME INFORMATION

Housing Bureau for Seniors.....	998-9339
Michigan Department of Community Health	
Nursing Home Monitoring.....	1-517-334-8408
Complaint Intake Unit.....	1-800-882-6006
Michigan Long-Term Care Ombudsman.....	1-866-485-9393

21. NURSING HOMES

Bortz Health Care of Ypsilanti.....	483-2220
Chelsea Retirement Community.....	475-8633
Evangelical Homes (Saline).....	429-9401
Gilbert Residence.....	482-9498
Glacier Hills Care & Rehabilitation Center.....	769-0177
Heartland Health Care Center.....	975-2600
Northfield Place.....	449-4431
Superior Woods Healthcare Center.....	547-7600
Whitehall of Ann Arbor.....	971-3230

22. PHYSICAL FITNESS (See also your local Senior Center)

Ann Arbor YMCA.....	996-9622
Chelsea Wellness Center.....	214-0220
Saline Recreation Center.....	429-3502
Senior Fit, St. Joseph Mercy Health.....	712-5800
UM Turner Senior Resource Center.....	998-9353
Washtenaw Community College Fitness Center.....	975-9950
Washtenaw County Parks and Recreation.....	971-6337

23. RESPITE CARE

CSS Volunteer Respite Program.....	712-3625
Arbor Care, Inc.....	975-6608
Area Agency on Aging 1-B.....	1-800-852-7795
Brecon Village.....	429-1155
Fairfax Manor.....	483-6662
Huron Woods.....	712-5600
Silver Maples of Chelsea.....	475-4111
Brookdale Place.....	327-1350
Superior Woods Healthcare Center.....	547-7600

24. SENIOR CENTERS For complete senior center info see website:

www.BlueprintForAging.org click on “Senior Center Network”	
AA Comm Ctr.....	662-3128
Chelsea.....	475-9242
Jewish Comm.....	971-0990
Manchester....	(860) 647-3211
Northfield Twp.....	449-2295
Saline.....	429-9274
Ypsilanti (City).....	483-5014
AA Sr Center.....	794-6250
Dexter.....	426-7737
Lincoln.....	484-7000 x7557
Milan/HealthyLiving.....	508-6229
Pittsfield.....	822-2117
UM Turner Sr Res.....	998-9353
Ypsi Twp 50 Beyond.....	544-3838

25. SENIOR SUBSTANCE ABUSE

Alcoholics Anonymous.....	482-5700
Chelsea Behavioral Health Services ...	1-800-328-6261 or 475-4029
CSS Neighborhood Senior Services.....	712-7775
Older Adult Recovery Center.....	475-4030

26. SOCIAL SECURITY ADMINISTRATION

Social Security Administration.....	1-800-772-1213
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27. SUPPORT GROUPS

CSS Grandparents As Parents.....	712-3625
Al-Anon.....	995-4949
Alzheimer’s Association.....	1-800-272-3900
Arbor Hospice Grief Recovery.....	662-5999
Arthritis Foundation (Mich. Chapter).....	1-800-968-3030
Hospice of Washtenaw.....	327-3409
Jewish Family Services.....	769-0209
National Parkinson’s Foundation.....	1-800-473-4636
St. Joseph Mercy Health System	
Heart and Vascular.....	712-8205
Stroke.....	712-2830
St. Joseph Mercy Hospice Grief Recovery.....	1-888-884-6569
Turner Geriatric Clinic U of M: Staying Smoke Free, Caring for Aging Relatives, Caring for Your Mate, Low Vision, Diabetes.....	764-2556

28. TAX ASSISTANCE

CSS Tax Assistance Program.....	712-3625
AARP (Michigan Office).....	1-866-227-7448
Housing Bureau for Seniors.....	998-9339
St. Francis of Assisi Catholic Church.....	769-2550

29. TRANSPORTATION

Ann Arbor Transportation Authority (Info Line).....	973-6500
Nite Ride and Holiday Ride.....	528-5432
Jewish Family Services.....	769-0209
Manchester Senior Citizens.....	385-6308
Medical Access Program (CSS Neighborhood Sr Svcs)....	712-7775
People’s Express.....	1-877-214-6073
RideConnect (Information line).....	1-866-977-9423
Western Washtenaw Area Value Express (The WAVE)...	475-9494

30. VETERANS

Washtenaw County Veteran Affairs.....	973-4540
Veteran Affairs AA Healthcare System (V.A.).....	769-7100

31. VISION IMPAIRMENT

Kellogg Eye Center U of M.....	763-8122
Washtenaw Library for the Blind and Physically Disabled at the Ann Arbor District Library.....	327-4224

32. VOLUNTEER OPPORTUNITIES

CSS RSVP Program.....	712-2586
www.VolunteerWashtenaw.org	712-3625
OCED Washtenaw Co. Foster Grandparents (Stipend)....	544-6746
CSS Neighborhood Senior Services.....	712-7775

33. WEBSITES

Remember your librarian can help with websites.	
www.csswashtenaw.org	Catholic Social Services
www.BlueprintForAging.org	Resources/seniors in county
www.washtenaw211.org	Human service resources
www.sitemaker.umich.edu/seniorhelp	Resource database by UM
www.ewashtenaw.org	click on “Services for”, then “Older Adults”
www.michigan.gov/miseniors	MI Access to Services For Seniors
www.greenpath.org	Non-profit credit counseling
www.VolunteerWashtenaw.org	Volunteer opportunities



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